GRAFIK pływalni ul.Conrada 6

październik 2021

PONIEDZIAŁEK

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
06:00-06:15		SMS				
06:15-06:30						
06:30-06:45						
06:45-07:00						
07:00-07:15						
07:15-07:30						
07:30-07:45						
07:45-08:00						
08:00-08:15			SMS			
08:15-08:30		TKKF				TKKF
08:30-08:45			NA FALI	NA FALI		
08:45-09:00		TKKF				TKKF
09:00-09:15						
09:15-09:30		TKKF				TKKF
09:30-09:45						
09:45-10:00		TKKF				TKKF
10:00-10:15						
10:15-10:30		TKKF				TKKF
10:30-10:45						
10:45-11:00		TKKF				TKKF
11:00-11:15						
11:15-11:30		TKKF				TKKF
11:30-11:45						
11:45-12:00						TKKF
12:00-12:15						
12:15-12:30						TKKF
12:30-12:45	Przymierze Rodzin 3x 35min					
12:45-13:00						
13:00-13:15						
13:15-13:30						
13:30-13:45						
13:45-14:00						
14:00-14:15						
14:15-14:30						
14:30-14:45	GB	GB	109		GB	
14:45-15:00				ZPOW		
15:00-15:15						
15:15-15:30						
15:30-15:45				NA FALI	NA FALI	NA FALI
15:45-16:00						
16:00-16:15	GB	GB	GB			
16:15-16:30						
16:30-16:45						
16:45-17:00						
17:00-17:15	GB	GB	GB			
17:15-17:30						
17:30-17:45						
17:45-18:00						
18:00-18:15						
18:15-18:30						
18:30-18:45					HASTEN	REKINEK
18:45-19:00						
19:00-19:15						
19:15-19:30						
19:30-19:45	KARAŚ	KARAŚ			FIGURA - aqua aerobic	
19:45-20:00						
20:00-20:15		KARAŚ			FIGURA - aqua aerobic	
20:15-20:30						
20:30-20:45					FIGURA - aqua aerobic	
20:45-21:00						
21:00-21:15					FIGURA - aqua aerobic	
21:15-21:30						
21:30-21:45						
21:45-22:00						

WTOREK

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
06:00-06:15		SMS				
06:15-06:30						
06:30-06:45						
06:45-07:00						
07:00-07:15						
07:15-07:30						
07:30-07:45						
07:45-08:00						
08:00-08:15			SMS			
08:15-08:30				szkoła		
08:30-08:45						
08:45-09:00						
09:00-09:15						
09:15-09:30						
09:30-09:45						
09:45-10:00						
10:00-10:15						
10:15-10:30						
10:30-10:45			Szkoły			
10:45-11:00						
11:00-11:15						
11:15-11:30						
11:30-11:45						
11:45-12:00						
12:00-12:15						
12:15-12:30						
12:30-12:45						
12:45-13:00						
13:00-13:15				Klasy sportowe		
13:15-13:30		109				
13:30-13:45						
13:45-14:00						
14:00-14:15		szkoła			NA FALI	NA FALI
14:15-14:30						
14:30-14:45	GB	GB			GB	GB
14:45-15:00				NA FALI	NA FALI	
15:00-15:15						
15:15-15:30		109				
15:30-15:45				GB		
15:45-16:00						
16:00-16:15	GB	GB				
16:15-16:30						
16:30-16:45						
16:45-17:00						
17:00-17:15	GB	GB	GB			
17:15-17:30						
17:30-17:45						
17:45-18:00						
18:00-18:15						
18:15-18:30						
18:30-18:45	GB				JOJA	HASTEN
18:45-19:00						
19:00-19:15					JOJA	HASTEN
19:15-19:30						
19:30-19:45		Sport Care - aqua aerobic			JOJA	
19:45-20:00						
20:00-20:15		Sport Care - aqua aerobic				
20:15-20:30					HASTEN	
20:30-20:45						
20:45-21:00						
21:00-21:15						
21:15-21:30						
21:30-21:45						
21:45-22:00						

ŚRODA

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
06:00-06:15		SMS				
06:15-06:30						
06:30-06:45						
06:45-07:00						
07:00-07:15						
07:15-07:30						
07:30-07:45						
07:45-08:00						
08:00-08:15	109				SMS	
08:15-08:30						
08:30-08:45						
08:45-09:00						
09:00-09:15						
09:15-09:30						
09:30-09:45						
09:45-10:00						
10:00-10:15						
10:15-10:30						
10:30-10:45			Szkoły			
10:45-11:00						
11:00-11:15						
11:15-11:30						
11:30-11:45						
11:45-12:00						
12:00-12:15						
12:15-12:30						
12:30-12:45						HASTEN
12:45-13:00						
13:00-13:15	NA FALI					
13:15-13:30				Klasy sportowe		
13:30-13:45	109					
13:45-14:00						
14:00-14:15						HASTEN
14:15-14:30						
14:30-14:45	GB	GB			GB	
14:45-15:00			ZPOW			
15:00-15:15						
15:15-15:30			109			
15:30-15:45				NA FALI	NA FALI	NA FALI
15:45-16:00						
16:00-16:15	GB	GB				
16:15-16:30						
16:30-16:45						
16:45-17:00						
17:00-17:15	GB	GB				
17:15-17:30						
17:30-17:45						
17:45-18:00						
18:00-18:15						
18:15-18:30						
18:30-18:45					REKINEK	REKINEK
18:45-19:00						
19:00-19:15						
19:15-19:30						
19:30-19:45	KARAŚ	HASTEN			FIGURA - aqua aerobic	
19:45-20:00						
20:00-20:15		HASTEN			FIGURA - aqua aerobic	
20:15-20:30						
20:30-20:45					FIGURA - aqua aerobic	
20:45-21:00						
21:00-21:15	HASTEN	HASTEN			FIGURA - aqua aerobic	
21:15-21:30						
21:30-21:45						
21:45-22:00						

CZWARTEK

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
06:00-06:15		SMS				
06:15-06:30						
06:30-06:45						
06:45-07:00						
07:00-07:15						
07:15-07:30						
07:30-07:45						
07:45-08:00						
08:00-08:15			SMS			
08:15-08:30	Fun Activ					TKKF
08:30-08:45						
08:45-09:00						TKKF
09:00-09:15						
09:15-09:30						TKKF
09:30-09:45		TKKF				
09:45-10:00						TKKF
10:00-10:15		TKKF				
10:15-10:30						TKKF
10:30-10:45		TKKF				
10:45-11:00						TKKF
11:00-11:15		TKKF				
11:15-11:30						TKKF
11:30-11:45		TKKF				
11:45-12:00						
12:00-12:15		TKKF				
12:15-12:30						
12:30-12:45						
12:45-13:00					Fun Activ	
13:00-13:15						
13:15-13:30				Klasy sportowe		
13:30-13:45	NA FALI	NA FALI				
13:45-14:00						
14:00-14:15			109	Fun Activ		
14:15-14:30						
14:30-14:45	GB	GB	NA FALI	NA FALI	GB	GB
14:45-15:00						
15:00-15:15						
15:15-15:30						
15:30-15:45	NA FALI	NA FALI	GB			
15:45-16:00						
16:00-16:15						
16:15-16:30						
16:30-16:45	aqua aerobic					
16:45-17:00						
17:00-17:15	GB	GB	GB			
17:15-17:30						
17:30-17:45						
17:45-18:00						
18:00-18:15						
18:15-18:30						
18:30-18:45					JOJA	JOJA
18:45-19:00						
19:00-19:15						
19:15-19:30					JOJA	JOJA
19:30-19:45	Sport Care - aqua aerobic					
19:45-20:00						
20:00-20:15	Sport Care - aqua aerobic				JOJA	JOJA
20:15-20:30						
20:30-20:45						
20:45-21:00	HASTEN	HASTEN			JOJA	JOJA
21:00-21:15						
21:15-21:30						
21:30-21:45						
21:45-22:00						

PIĄTEK

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
06:00-06:15		SMS				
06:15-06:30						
06:30-06:45						
06:45-07:00						
07:00-07:15						
07:15-07:30						
07:30-07:45						
07:45-08:00						
08:00-08:15					SMS	
08:15-08:30		TKKF				
08:30-08:45						
08:45-09:00		TKKF				
09:00-09:15						
09:15-09:30		TKKF				TKKF
09:30-09:45						
09:45-10:00		TKKF				TKKF
10:00-10:15						HASTEN
10:15-10:30		TKKF				
10:30-10:45						HASTEN
10:45-11:00		TKKF				
11:00-11:15						
11:15-11:30		TKKF				
11:30-11:45						HASTEN
11:45-12:00						
12:00-12:15						HASTEN
12:15-12:30	Klasy sportowe					
12:30-12:45						HASTEN
12:45-13:00						
13:00-13:15						
13:15-13:30	Klasy sportowe					
13:30-13:45			NA FALI	NA FALI	NA FALI	
13:45-14:00						
14:00-14:15	HASTEN					
14:15-14:30			109			
14:30-14:45				NA FALI		
14:45-15:00	GB	GB			GB	GB
15:00-15:15						
15:15-15:30						
15:30-15:45	HASTEN					
15:45-16:00						
16:00-16:15	GB	GB	GB			
16:15-16:30						
16:30-16:45						
16:45-17:00						
17:00-17:15	GB	GB	GB	GB	HASTEN	HASTEN
17:15-17:30						
17:30-17:45						
17:45-18:00					REKINEK	
18:00-18:15						
18:15-18:30						
18:30-18:45	JOJA				SWIM & FUN	REKINEK
18:45-19:00		KARAŚ				
19:00-19:15						HASTEN
19:15-19:30	JOJA					
19:30-19:45						
19:45-20:00					HASTEN	HASTEN
20:00-20:15	JOJA					
20:15-20:30		KARAŚ -				
20:30-20:45					HASTEN	HASTEN
20:45-21:00	JOJA					
21:00-21:15						
21:15-21:30						
21:30-21:45						
21:45-22:00						

SOBOTA 8-22.00

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
08:00-08:15		G8				
08:15-08:30	ALFA					
08:30-08:45						
08:45-09:00						
09:00-09:15	HASTEN					
09:15-09:30						
09:30-09:45	HASTEN					
09:45-10:00					JOJA	JOJA
10:00-10:15						
10:15-10:30						
10:30-10:45					JOJA	JOJA
10:45-11:00						
11:00-11:15	HASTEN	JOJA				
11:15-11:30					JOJA	JOJA
11:30-11:45	HASTEN					
11:45-12:00		JOJA				
12:00-12:15	HASTEN				JOJA	KARAŚ
12:15-12:30						
12:30-12:45	HASTEN	KARAŚ				
12:45-13:00	HASTEN				JOJA	JOJA
13:00-13:15		KARAŚ				
13:15-13:30						
13:30-13:45						
13:45-14:00						
14:00-14:15						
14:15-14:30						
14:30-14:45	Justa swim				HASTEN	HASTEN
14:45-15:00		ALFA				
15:00-15:15						HASTEN
15:15-15:30						
15:30-15:45						HASTEN
15:45-16:00						
16:00-16:15	Move Camp					
16:15-16:30						HASTEN
16:30-16:45	Move Camp					
16:45-17:00						
17:00-17:15	Move Camp					
17:15-17:30						HASTEN
17:30-17:45	Move Camp					
17:45-18:00					HASTEN	HASTEN
18:00-18:15	Move Camp					
18:15-18:30						
18:30-18:45					HASTEN	HASTEN
18:45-19:00						
19:00-19:15						
19:15-19:30						
19:30-19:45						
19:45-20:00						
20:00-20:15						
20:15-20:30						
20:30-20:45						
20:45-21:00						
21:00-21:15						
21:15-21:30						
21:30-21:45						
21:45-22:00						

NIEDZIELA 8-22.00

GODZINA	tor I	tor II	tor III	tor IV	tor V	tor VI
08:00-08:15						
08:15-08:30						
08:30-08:45						
08:45-09:00						
09:00-09:15						
09:15-09:30						PAAR
09:30-09:45						
09:45-10:00						
10:00-10:15	Move Camp					
10:15-10:30						PAAR
10:30-10:45	Move Camp					
10:45-11:00						
11:00-11:15	Move Camp					FIGURA - aqua aerobic
11:15-11:30				PAAR		
11:30-11:45	Move Camp				FIGURA - aqua aerobic	
11:45-12:00						
12:00-12:15	Move Camp					
12:15-12:30						ALFA
12:30-12:45						
12:45-13:00	Move Camp					
13:00-13:15						
13:15-13:30						
13:30-13:45	Move Camp					
13:45-14:00						
14:00-14:15						
14:15-14:30						
14:30-14:45						
14:45-15:00	ALFA					
15:00-15:15						
15:15-15:30						
15:30-15:45						
15:45-16:00						
16:00-16:15						HASTEN
16:15-16:30						
16:30-16:45	Move Camp	ALFA				HASTEN
16:45-17:00						
17:00-17:15	Move Camp					
17:15-17:30						HASTEN
17:30-17:45	Move Camp					
17:45-18:00						
18:00-18:15						HASTEN
18:15-18:30	Move Camp					
18:30-18:45						
18:45-19:00						HASTEN
19:00-19:15						
19:15-19:30						
19:30-19:45						HASTEN
19:45-20:00						
20:00-20:15						
20:15-20:30						
20:30-20:45						
20:45-21:00						
21:00-21:15						
21:15-21:30						
21:30-21:45						
21:45-22:00						